

Naga Day Blessing Ceremony

Blessed Rice Recipe for Naga Offering

Cook 1 cup white rice with 2 cups water.

To the warm cooked rice, add and stir together:

2 tablespoons sugar or jaggery

1/3 stick of butter

1/3 cup milk

1/3 cup of raisins

Prepare for Naga Offering Ceremony

In a basket with handle, lay a soft napkin

Container of blessed rice

2 cups of milk in a container

Small ladle

Bowl of dry rice or sand (to hold burning incense)

Incense stick; lighter

Khata or handkerchief



Offering Ceremony to Naga Spirits

1. Dress nicely for the ceremony.
2. Cover your mouth with a khata or handkerchief when offering to the nagas.
3. Light the incense and make sure it is burning during the entire ceremony.
4. Establish your relationship with the nagas and honor their presence.
5. Take the offering basket, and begin walking the property in a clockwise direction.
6. Speak to the nagas in a soft and gentle voice as you would talk to a friend.
7. As you are talking with the nagas, frequently take a scoop of rice in the ladle, dip it in the milk, and gently toss the mixture all around the perimeter of your property.
8. As you continue to talk with the nagas, offer your gratitude to them and ask them to work cooperatively with you to support the blessing of all beings on the land.
9. If there are any particularly large stones or trees on your property, you can offer the blessed rice there as well.
10. In this process, be open for a communion with the nagas so that you may receive instruction intuitively from them during the ceremony.
11. In closing, thank the nagas for working with you.

Naga Days in 2020

April 1, 8, May 12, 14, 27, June 10, 15, 29, August 3, 20, 29
September 8, 9, 24, October 4, 23, December 28



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